

# ALIJARES



DAILY BULLETIN OF THE 51st WORLD MILITARY PENTATHLON CHAMPIONSHIP Number 6• July 24th of 2003

## The male and female teams of China head the provisional ranking so far

The second places are for Finnish men and Norwegian women, followed by Germans and Russians



## The first placings

### Individual women:

2nd Lieutenant Ying Wang (China) with 28,3  
2nd Lieutenant Gunhild Berntsen (Norway) with 29,6  
Lieutenant Linna Tian (China) with 30,6

### Female Teams:

China with 3.355,2 points  
Russia with 3.285,6 points  
Norway with 3.254,4 points.

### Absolute Placings

Women: 2nd Lieutenant Ying Wang  
Men: 2nd Lieutenant Yanfeng Zhu

### Individual men:

Private 1st class Brian Dasbjerg (Denmark) with 25,3  
Lieutenant Igor Egorov (Russia) with 25,6  
KPL Davy Van de Cloot (Belgium) with 26,0

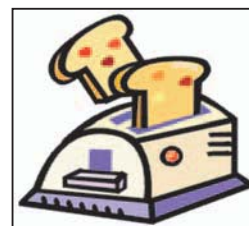
### Male Teams:

Russia with 4.482,4 points  
China with 4.448,8 points  
Austria with 4.412,8 points

### Teams Absolute Placings

Female: China  
Male: China

### FRIDAY'S PROGRAM



The hour of the breakfast on Friday the 25th changes

Given the needs of the athletes in the cross-country event, the organization staff have decided to give the breakfast on the 25th of July at 5:00 a.m. So, the athletes will have more time to prepare their test.

### MENU



### Lunch:

Noodles  
Broccoli with bechamel cream  
Chicken escalope  
Trout in sauce

### Dinner:

Asparagus cream  
Macaroni with cheese  
Roasted eggs  
Tuna with tomato



**Captain M. O. Ismaly Alaoui  
Observer of Morocco**

**You are in the championship as an observer, which is exactly your task?**

I observe how a world championship is organised to take experience. Our country wants to compete with a team next year and this championship is a good model.

**Has Morocco got a team yet?**

In Morocco, almost all the units have a pentathlon team, so we must choose the best athletes to create a national team. We hope to do a hard training and to be able to compete in national, regional and world championships as soon as possible.

**Have you got the proper facilities yet?**

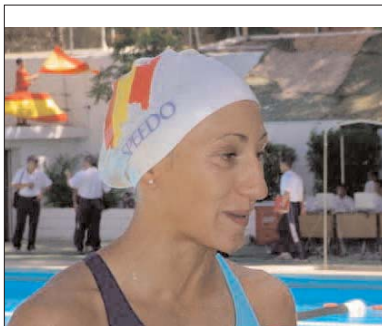
Yes, we have, but we must adjust some details if we want to compete in a world championship.

**And which is your favourite test?**

Everyone knows we run a lot, so the cross-country is the test we prefer. I think we are also good in the obstacle run. I believe we can have a good team, but the most important thing for us is the participation in this kind of championships.

**What is your opinion about the organization?**

Everything is excellent. It is a good model for us, and I wish to learn much from the experience and organization of Spain. I am very impressed, and I thank Spain its invitation. Besides, the Spanish staff is making me easier my job. Here I feel at home.



The Spanish athlete Cristina Poveda has broken the female national record in obstacle swimming with a time of 33,4 seconds.



The platform is one of the hardest obstacles in the swimming test. The athletes have to make a great effort to pass it without losing concentration nor time.

# China and Austria, on the top of the single classifications in obstacle swimming



Today, we all have enjoyed the obstacle swimming test. The athlete Brian Dasbjerg, from Denmark, has won with a time of 25,3 seconds. In the female test, the 2nd lieutenant Ying Wang has been the first qualified with 28,3 seconds. In the team classification,

Russia and China are the winners of the male and female test, respectively. So, the Chinese athletes go on showing their excellent preparation. For example, in the test done yesterday, four Chinese women are among the 10th first athletes in the ranking.



The tubular bars are the first obstacle the competitors have to overcome. After these, it is quite possible that differences in time start to appear.



It is very important to give the results as soon as possible, because athletes and audience want to know who are the winners.



**Corporal Bernardo Pinel  
Organization staff**

Corporal Pinel is one of the members of the Technical Secretary of the organization staff. He talked to us when he was preparing the results of the obstacle swimming test.

**Can you explain the technical organization?**

In each discipline, there are the judges of test, the auxiliar personnel and the judges of obstacles. All of them are soldiers who work in the School of Physical Training, here in Toledo.

**What is your task as a part of the organization staff?**

I am in the technical secretary and I also cooperate with the preparation of the tests. For example, we have been a long time preparing the swimming-pool.

**What is the most important thing in your work?**

I think the previous preparation is the most important aspect in a world championship like this. It is also important the computer work because we need to provide the results to the teams as soon as possible.

**Do you think Spain is doing a good work in organization?**

It is the second time the Spanish Army organise a world championship, so we have some experience, so we have some experience. But this is a great responsibility because we must show a good image to the others.



**Corporal Randall W. Josop  
South African athlete**

**She likes obstacle swimming and cross-country, and she hopes to get some good results**

**How the team preparation has been?**

It has been quite good, though here we have not had a good beginning. We did not get good results in shooting.

**And what about the other tests?**

We hope to do it well, but here the level is very high.

**Which is your favourite test?**

We like obstacle run and cross-country.

**What is your opinion about the Spanish facilities?**

They are perfect.

**Which are the aspirations of the team?**

We are trying to be among the 20th best countries. Due to our bad beginning, this is now our only goal.

**What is better for a team: to keep experienced athletes or to renew people?**

The experience is very important, but it is also necessary for a team to recruit new people. We have not been able to renew. In fact, we are five and not six because we could not find somebody who fit in our team.

**What is your opinion about the organization of this championship?**

It is amazing. I am impressed by the fact that so many people have been accommodated. We are all very happy.

**Which test do you prefer?**

I like swimming and cross-country, and I hope to get some good results.

**How is the spirit of the Spanish team?**

We are in a very good state of mind, despite of the pressure and responsibility since the championship is being celebrated here. We all wish to do our best not to disappoint our country.

**How do you see the other countries level?**

I think China and Norway are the best prepared. The Chinese woman have already done a good job in obstacle run and swimming.

**Which position do you think the team could reach?**

Last year we were 4th and this year we hope to get the 3rd place. We know our coach has put all his trust in us, but we realize it is very difficult to reach the podium.



**Corporal Noelia Sacristán  
Spanish athlete**

**She likes obstacle swimming and cross-country, and she hopes to get some good results**



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## TODAY'S PROGRAM

<b>06:30 to 08:30</b>	Breakfast.
<b>08:30 to 12:15</b>	Grenade throwing.
<b>12:00 to 15:00</b>	Lunch.
<b>17:30 to 21:00</b>	Grenade throwing.
<b>20:30 to 22:30</b>	Dinner.



## WEATHER

The temperatures for today will start to fall. Its maximum will be 32° and minimum 20°. It will remain sunny and with little changes respect to yesterday.

Wind speed will be around 3 km/h and it will blow from east. Visibility will be 20 km and humidity, around 53%.

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## SPANISH COOKING

### WHITE GARLIC SOUP

#### Ingredients:

- 200 g stale bread, crusts removed
- 200 g almonds, blanched and skinned
- 3 cloves garlic
- Olive oil, wine vinegar and salt
- 150 g muscatel grapes, seeded



#### Preparation:

Soak the bread in water until softened, squeeze it out and put in a blender or processor with the almonds and garlic. Blend to a smooth paste, adding a little water if necessary. With the motor running, add the oil in a slow stream, then the vinegar and salt. Beat in

some of the water, then pour the mixture into a tureen, wooden bowl or pitcher and add more water. Taste for seasoning, adding more salt or vinegar if needed. The soup should be fairly tangy. Serve immediately or chill the soup. Stir before serving into bowls garnished with grapes.

## KNOWING TOLEDO

### Roman Circus

**B**uilt out the deep consideration that the Great Rome had for the strategic position of this city, which the called *Toletum*, made that after its conquest by the Roman General Marco Publio Nobilior in the year 192 BC.

This circus could house 13.000 spectators; and its presence was a proof of the importance of the city, where they even arrived to mint their own coins.

